



Igniting Learning Journeys  
啟育學習旅程



**The journey of children with special needs may be difficult, [but] we have to have faith in them.**

ANA  
ANDREW'S MOTHER

**CLICK TO WATCH!**

Dear Friend of CDC,

Welcome back! The new 2019/20 school year started a month ago, so we thought it would be a good time to update you on all things CDC! First, we would like to share a special feature - a new video in our 'Parent Voice' series, featuring ex-parent Ana, mother of CDC past student, Andrew. Click the feature image above to watch Ana discuss her journey as parent of a child diagnosed with ADHD, and how the CDC supported Andrew in his learning journey. Read more about their story in our article [here](#)!

We kicked off the new term with our [Open House and Parent Orientation](#). Along with Alfred Hong Kong, we also hosted the ['Let's Draw Together, Kids! campaign](#), a day of fun and creative drawing for CDC families. More recently, we debuted at [GlamFest 2019](#), spreading awareness about our educational programmes and services.

In this newsletter, you will find some brand new 'SEN Tips' articles as well as some new events in the 'Upcoming Events' section for parents and SEN professionals alike. If you would like to support the CDC, be sure to check out this [exclusive offer](#) on a range of wines from Valdivia Wine, as well as the [HKCCA 20th Anniversary Run - 'Run for the Roses'](#) event, where the CDC is the sole beneficiary.

Team CDC

## In the News



### Kickstarting the New Term at the Open House 2019!

At the start of the school year, we held an Open House and Parent Orientation 2019. Over 41 families/groups visited our centre! Read more about the day here!



### CDC x Alfred Hong Kong – 'Let's Draw Together, Kids!' Campaign

The CDC and Alfred Hong Kong hosted the 'Let's Draw Together, Kids!' campaign for children to have an afternoon full of drawing and fun!

## SEN Tips



### Back to School - When Separation Strategies Might Be Needed

Settling in to school can be difficult due to the separation from parents. Learn some strategies that may help your child better integrate in to school.



### Time For Bed - Tips For Creating a Great Bedtime Routine

A consistent bedtime routine is a great way to ensure that your child gets enough sleep. Read our top tips for creating the perfect bedtime routine!



### Selective Mutism – What Do We Know?

Selective Mutism is a rare anxiety-based disorder which can appear in early childhood. These children are able to speak fluently and normally in most situations but withdraw and remain silent in others.

## More ways to support CDC



### Run for the Roses, Run for the CDC Children!

Hong Kong Call Centre Association charity run - "Run for the Roses" - will be held on 20 Oct, and the CDC will be the sole beneficiary of this event!



### Valdivia Wine Order

From now till 31 Mar 2020, friends of the CDC are welcome to purchase wines through Valdivia. If you order 12 bottles or above, Valdivia will donate 10% of the sales to the CDC!

## Upcoming Events



### Events:

- 12 October - [International Sensory Integration Congress Hong Kong 2019](#)
- 18 October - [8-week Mindful Parenting](#)

For more events visit our [SEN Events Calendar](#). You can also submit your own events by completing our [online form](#) or sending an email to [connect@cdchk.org](mailto:connect@cdchk.org).



Website



Facebook



Instagram



YouTube

Copyright © 2019 The Child Development Centre, All rights reserved.

The Child Development Centre · 4/F, Prime Mansion, 183-187 Johnston Road, Wan Chai, Hong Kong

明德兒童啟育中心 · 香港灣仔莊士敦道183-187號德業大廈4樓