CHILD DEVELOPMENT CENTRE
明德兒童啓育中心

Igniting Learning Journeys
啓育學習旅程

Hello, Parents of young toddlers! Are you searching for a playgroup that offers your child a diverse range of early learning experiences? Look no further than the CDC's Playtime Plus+—a fantastic opportunity for your child(ren) to explore the world, make friends, and develop essential social skills.

What Sets Playtime Plus+ Apart?

Playtime Plus+ provides a stimulating and enjoyable environment where young toddlers can learn and grow. It also offers parents the chance to discover how to engage with their children, share experiences with other parents, and gain insights into children's developmental milestones.

This 1.5-hour play-based session, facilitated by child development experts, includes close monitoring of each child's developmental progress. After one month's attendance, we will provide verbal feedback and tailored recommendations on your child's progress. Following three months, you will receive a detailed written summary report. Our goal is to offer you deeper insights into your child(ren)'s growth, empowering you with knowledge every step of the way.

The programme is designed for young toddlers aged 12 months to 2 years. If you or your friends are seeking a nurturing space where children can play, learn, and thrive among peers with expertise input, get in touch with us for more details!

Your Voice in 2024/25: Survey Highlights from Our Parents

The CDC values parents' voices and has been actively listening to their experiences. Parent insights are vital in helping us improve the support and environment we provide. A heartfelt thank you to all the parents who took the time to share their thoughts in the 2024/25 Parent Survey!

The feedback has been overwhelmingly positive. 100% of parents agreed that the CDC offers a clean, bright, safe, and child-friendly space. Over 97% noted that their children are supported in reaching their potential and genuinely enjoy coming to the CDC.

"My child is happier being at the CDC than in any mainstream class!"
"I appreciate how the teachers seem to have a detailed understanding of our daughter's needs and abilities."

Around 90% of parents also felt that we provide ample opportunities for parent support and learning, with post-assessment meetings proving helpful for tracking their child's progress. Many highlighted our professional team's dedication, always putting the children first.

Thank you for the encouraging feedback! We are thrilled to see that we are making a difference, creating a nurturing environment and services with which parents are satisfied. The trust in us inspires us to bring out the best in the children in our care. We also would like to share how we address the constructive comments we received — click here for details!

Event highlights

“Together for the Future” Fun Day - A Wonderful Journey Begins

On 30 March, the CDC partnered with the Federation of Hong Kong Ethnic Communities for the "Together for the Future" Fun Day at Khalsa Diwan Hong Kong Sikh Temple. Families enjoyed a vibrant day of interactive activities filled with joy and learning. We shared expertise with parents, offering tailored guidance to support their children’s development.

This event connected us with culturally and linguistically diverse (CALD) families, deepening our understanding of their needs and enabling personalised advice. Our thanks go to Ms Linda Lam, SBS, Chairman of The Equal Opportunities Commission, and sponsors: Gurudwara Khalsa Diwan HK, The India Association Hong Kong, The Pakistan Association of Hong Kong, The Bangladesh Association of Hong Kong, and The Hong Kong Nepalese Federation. Your support ensured a smooth, impactful event.

Looking ahead, the CDC is eager to continue visiting diverse communities, fostering a sustainable and inclusive society. Together, we are promoting well-being, reducing inequality, and supporting healthy lives for all ages.

SEN Tips

Executive Functions: The Pillars of a Child's Development

Do you know what executive functions are? Executive functions are a set of cognitive processes that enable individuals to plan, focus attention, remember instructions, and manage multiple tasks simultaneously. They form the foundation for academic success, social interactions, and overall well-being. What challenges might arise from weak executive functions?

The CDC Occupational Therapy Team has prepared insightful articles to explain it all. Check them out on our website: https://www.cdchk.org/en/get-tips/parent-tips

CDC Resources

The CDC provides valuable resources for parents and the SEN (Special Educational Needs) community. Our website offers parent tips and details of SEN events in the community, while our YouTube channel features seminar recordings from various professional teams.

Recent seminars include:

1. Beyond Pictures II - Reading: Are you asking the right questions?
2. Cost-effective Early Intervention Support from the Gov and Non-Gov Sectors

Explore free online resources on our website and YouTube channel! To stay updated, please subscribe to our social media.

Community News

New technology is making life easier for people with disabilities. In Hong Kong, an AI wearable device has been created to help visually impaired individuals by giving audio descriptions of their surroundings to aid navigation. It can also provide verbal prompts or instructions to support children with additional needs in their daily routines. This is a great step towards a more inclusive world for those with additional needs.

For more details, visit:
https://www.thestandard.com.hk/wealth-and-investment/article/63061/AI-wearable-leads-the-way

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Check out more SEN-related events, talks and courses around Hong Kong on our SEN Events Calendar on our website. You can submit your own events to connect@cdchk.org.

PARENT SURVEY FEEDBACK 2025

A heartfelt thank you to all the parents who completed the Parent Survey! The CDC deeply appreciates the time and feedback each of you has provided. Your input is invaluable, helping the CDC to better understand your needs and improve services for your children.

The comprehensive survey has highlighted parents' concerns, giving the CDC a clearer picture of the issues that matter most. The CDC is committed to addressing these concerns with care and dedication, as outlined below:

Effective Communication

Some parents mentioned they were unaware of the six-month developmental assessments. The CDC would like to clarify that these assessments relate to group programmes rather than individual sessions or focus groups like the social skills and attention groups. Some parents expressed to have more frequent assessments and meetings. The CDC understands their wish to be closely updated on their child's development. We provide six-monthly assessments as this allows ample time for a child's growth. If a child achieves a developmental goal within the six-month growth period, the goals will be adjusted accordingly.

Each assessment is accompanied by an in-depth follow-up or so-called "parent meeting", arranged to suit parents' time preferences either in person, via Zoom, or by phone. Through these meaningful discussions, the CDC closely collaborates with parents to share insights and work together on appropriate developmental goals for their child.

Beyond these six-monthly meetings, parents are always welcome to contact the CDC staff at any time to enquire about their child's progress. Additionally, parents may observe their children in class with prior notice.

Tailor-Made Early Intervention Group Programmes and Diverse Activities

Most parents are pleased with the CDC's services, though some mentioned they are unfamiliar with the Early Intervention Group (EIG) programmes. The CDC has carefully designed these programmes to meet the diverse needs of children aged 18 months to 6 years, offering strong support and a solid foundation for their learning and growth. Our curriculum addresses all areas of early childhood development, including social-emotional skills, fine and gross motor skills, communication, language, and more. We recommend which group and/or individual intervention might best suit each child at any point in time and monitor if adjustments are necessary on an ongoing basis.

Some parents suggested introducing a variety of activities to unlock their children's potential. The CDC is taking this feedback on board and is committed to providing diverse parent-child activities and programmes. Alongside our core intervention programmes, we launched individual music therapy sessions at both centres this year and continue to explore new ways to enrich children's experiences. We also regularly organise extracurricular activities, including music workshops, animal-assisted programmes, and yoga classes. Additionally, outreach and

wellness activities, such as adults' health checks and mini dentist sessions in a real clinic, are arranged to further support children's development.

Equally important is our partnership with parents and caregivers. Our professional teams regularly share expertise and the latest trends to empower them in nurturing their children through seminars. To not miss any of our programmes or activities, parents are encouraged to stay tuned for updates via email and social media.

Professional Interdisciplinary Team

The CDC acknowledges parents' concerns about staff turnover We were delighted that a parent acknowledged that CDC's high service quality is not compromised despite inevitable changes in staffing. Our interdisciplinary team collaborates closely, transferring case knowledge as well as sharing experience and expertise to ensure consistent, high-quality services. They stay up to date with the latest intervention methods by regularly enhancing their knowledge, enabling them to offer children the best possible support. Parents can learn more about the team, including their qualifications and backgrounds, on the CDC website.

Photos of Children in Classes

The CDC understands parents' delight in seeing their children's classroom moments. We ask for parents' understanding that, due to privacy considerations and the teaching team's focus on providing attentive care, photographing every class is challenging. However, we regularly share class photos (with faces covered or blurred) on social media, and parents can follow these updates to stay connected with their children's experiences or join a class (with prior notice).

CDC Communications and Resources

Some parents expressed a desire for more case studies or practical tips. In addition to the seminars regularly hosted by the CDC, parents can consult teachers and therapists as needed or explore the CDC website. The website offers a wealth of Special Educational Needs (SEN) resources, including practical articles and tips prepared by the interdisciplinary team to support learning at home, as well as details of events in the SEN community. Monthly classroom news is also available on the website, helping parents stay informed about what their children are exploring in class. Recordings of previous seminars are uploaded to YouTube. Parents are encouraged to subscribe to our social media channels for the latest updates and to share these valuable resources with their networks.

In Conclusion

The CDC extends its sincere thanks to parents for their constructive feedback. Many positive comments were received, with parents describing the CDC as "caring," "professional," and "friendly"—echoing sentiments from last year. The CDC is delighted to know it continues to provide a positive journey for children and their families. As always, parents are warmly encouraged to contact the CDC at any time with questions, concerns, comments, or further feedback.

Thank you.

家長問卷調查回饋 2025

衷心感謝家長撥冗完成「家長問卷調查」！明德兒童啓育中心 (CDC) 感激每位家長的寶貴時間與意見。您們的建議有助我們進一步了解您們的需要，進一步提升服務質素。

在這份詳盡的問卷調查中，我們已留意到家長們所關注的事宜。CDC 承諾積極回應家長的意見，具體回應詳述如下：

有效溝通

有些家長指出對每半年的發展評估的安排有待加強。我們藉此回應，每半年的發展評估只適用於小組課程，而非個別治療和針對性小組，如：社交技巧及注意力小組等。有些家長表示希望增加評估和會面的次數。我們理解家長希望密切了解孩子發展進度，然而，每半年進行一次評估能確保孩子有足夠時間觀察成長。若孩子在六個月內達成發展目標，我們會即時相應調整學習目標。

每次提供評估報告後，我們會立即根據家長的時間和偏好，以面談、Zoom 會議或電話等方式安排家長會面。CDC 致力於與家長保持密切溝通，分享專業見解，共同制定最適合孩子的發展目標。另外，家長可隨時聯繫我們，查詢孩子的情況，亦可提前預約到課堂觀察孩子的情況。

個人化的早期介入小組及多元化活動

家長對 CDC 的服務表示滿意，少數家長希望對早期介入小組（EIG）有更清楚的認識。CDC 藉此向家長介紹，CDC 精心設計所有早期介入小組課程，以滿足 18 個月至 6 歲孩子的多元化需要，為他們的學習和成長提供強大支援和奠定穩健的基礎。我們的課程涵蓋促進幼兒發展的各個範疇，包括社交情緒能力、大小肌肉發展、溝通、語言發展等。我們會根據孩子的情況，建議最適合的小組或個別課程，並持續觀察是否需要調整。

有些家長建議引入更多樣化的活動，以發掘孩子的潛能。CDC 一直高度重視視孩子發展，並致力提供多元化的親子活動和課程。除早期介入課程外，我們今年於兩個中心推出一對一音樂治療，未來亦將引入新方式，豐富孩子的體驗。我們亦定期舉辦課外活動，包括音樂工作坊、動物輔助介入小組和瑜伽班。

此外，我們亦安排外展及身心健康活動，例如成人健康檢查及「牙醫小達人體驗日」，讓在孩子體驗牙科診所進行的檢查，多方面支持孩子的發展。

我們重視與家長及照顧者的互相合作。我們的專業團隊透過定期講座分享最新育兒資訊，並提供個人化建議，協助家長更有效培育孩子，共同促進兒童成長。為確保家長不錯過任何課程或活動，我們建議家長留意我們發出的電郵及社交媒體的定期更新。

專業跨領域團隊

CDC 理解家長對員工調動的關注，並衷心感謝家長認可我們在人員變動下仍致力維持高質素服務的努力。我們的跨學科團隊緊密合作，定期針對個案進行交流，分享專業知識與經驗，致力提供持續穩定的優質服務。團隊成員持續進修，提升教學能力，為孩子提供最佳支援。如欲了解我們的專業團隊資歷及背景，歡迎瀏覽 CDC 網站查閱詳情。

孩子課堂中的點滴

有些家長建議我們定期分享孩子課堂時的照片，CDC 理解家長希望了解孩子在課堂中的點滴。我們感謝家長的體諒，因需顧及其他孩子的私隱及教學團隊在課堂上的專注，我們無法於課堂內拍照。然而，我們會定期在社交媒體分享經處理的課堂照片（孩子的面部會被遮蓋或模糊），家長可關注我們的更新，以了解課堂情況。家長亦可提前預約，親臨課堂觀察孩子的情況。

CDC 通訊及資源庫

CDC 網站提供豐富的特殊教育需要（SEN）資源，包括跨學科團隊精心設計的實用育兒建議與技巧，方便家長在家應用，以及 SEN 社群的各類活動資訊。家長可瀏覽每月課堂主題，輕鬆了解孩子的課堂學習情況。此外，過往的講座錄影亦會上載至 YouTube 頻道，歡迎家長訂閱 CDC 社交媒體，獲取最新資訊並分享這些寶貴資源

總結

最後，CDC 衷心感謝家長的建設性意見與正面評價。與去年相同，家長以「關愛」、「專業」及「友善」形容 CDC。我們將持續提供高質素服務，致力為孩子及其家庭締造正面的成長旅程。一如既往，歡迎家長隨時聯繫我們，提出問題、疑慮或分享寶貴意見。謝謝！