CHILD DEVELOPMENT CENTRE
明德兒童啓育中心

Igniting Learning Journeys
啓育學習旅程

Merry Christmas to all CDC families and friends! We hope everyone is keeping warm and staying healthy in this festive season.

In this latest edition of newsletter, we are thrilled to announce the 'Big Day' of our new Fortress Hill centre! After running programmes and services smoothly for a few weeks, the CDC will hold the official opening of the Fortress Hill centre on Saturday, 6 January 2024! CDC families and the public are welcome to join us on that day in the afternoon (2:00 - 4:00pm) to take a tour in the centre, learning how our professional team implements ideas, and enjoy the playground or East Coast Park Precinct next to us. We hope to see you there!

In the 'In the News' section, a recap of the Upstyle Christmas Charity Sale event is shared, as well as two upcoming CDC health-related events - Vaccination Programme and Dental Care Day for CDC extended families. Remember to sign up if you would like to take your child or family members to receive the seasonal influenza vaccine, or your child for a dental check-up or if you have concerns of their dental health. Also, we would like to draw your attention to the Music Explorers workshop, where you and your child will be guided to explore the fun and beauty of music by the professional team from Soundness Studio. Places are limited so do sign up now!

In addition, our therapists and psychologists have prepared two 'SEN Tips' for parents. If you would like to know more about how Messy Play can help your child develop language skills, or get 4 simple tips to build a positive parent-child relationship, please don't miss out the two practical articles!

Last but not least, remember to check out the exclusive offers from our neighbours at Fortress Hill centre to all CDC families at the 'Offers for CDC Families' section, and the upcoming events at the end.

Wishing everyone Happy Winter Solstice today and Merry Winter Holidays!

Best Regards,
Team CDC

In the news

Festive Charity Sale@Upstyle!

Early this month, UpStyle held a Christmas charity sale and all proceeds are donated to the children and families at the CDC! We also enjoyed a great music performance from the students of Real Music and some art & craft activities!

Sign up for the Music Explorer Workshop!

In the new year, we would like to invite you and your child to explore the beauty of music with the CDC and Soundness Studio! Join us at the weekly Music Explorers workshop, starting from 13 Jan 2024 every Saturday. Don't miss out the chance!

CDC Vaccination Programme (13 Jan)

Partnered with Dedicare Outreach, CDC families are invited to join our Vaccination Programme which provides the quadrivalent influenza vaccine for the predicted second wave in early 2024. To sign up, please refer to the email sent to you on 11 Dec!

CDC Dental Care Day (21 Jan)

Supported by the Dental Command of Hong Kong St. John Ambulance Association, the event provides a talk for parents and check-ups for children. A dental chair will be used to familiarise the children with a clinic environment. More details will follow.

SEN Tips

How Can Messy Play Help Your Child Develop Language Skills?

Messy play is an explorative and imaginative play that engages children to use different senses and imagination to experience a range of materials. This article will explain how messy play is facilitative of language and social communication development!

4 Tips to Build a Positive Relationship with Your Child

Building a positive parent-child relationship = showing appreciation to your child as well as yourself! Follow the simple tips suggested by our psychologists in this article to cultivate communication and intimacy with your child.

Offers for CDC Families

Neighbours' Discount at Victoria Centre

Two neighbours in Victoria Centre have kindly offered special discount to the CDC families! Concetto Di Caffe (G/F) & Underdog Gym (5/F) are offering 10% off for any purchase or packages. Please contact them directly for more details!

Upcoming Events

- 13 Jan 2024 - CDC Vaccination Programme 2023/24
- From 13 Jan 2024 - CDC x Soundness Studio "Music Explorers" Workshop (every Saturday)
- 21 Jan 2024 - CDC Dental Care Day

Make a Donation Today!

Your Support Enables Us to Serve More Families In Need!