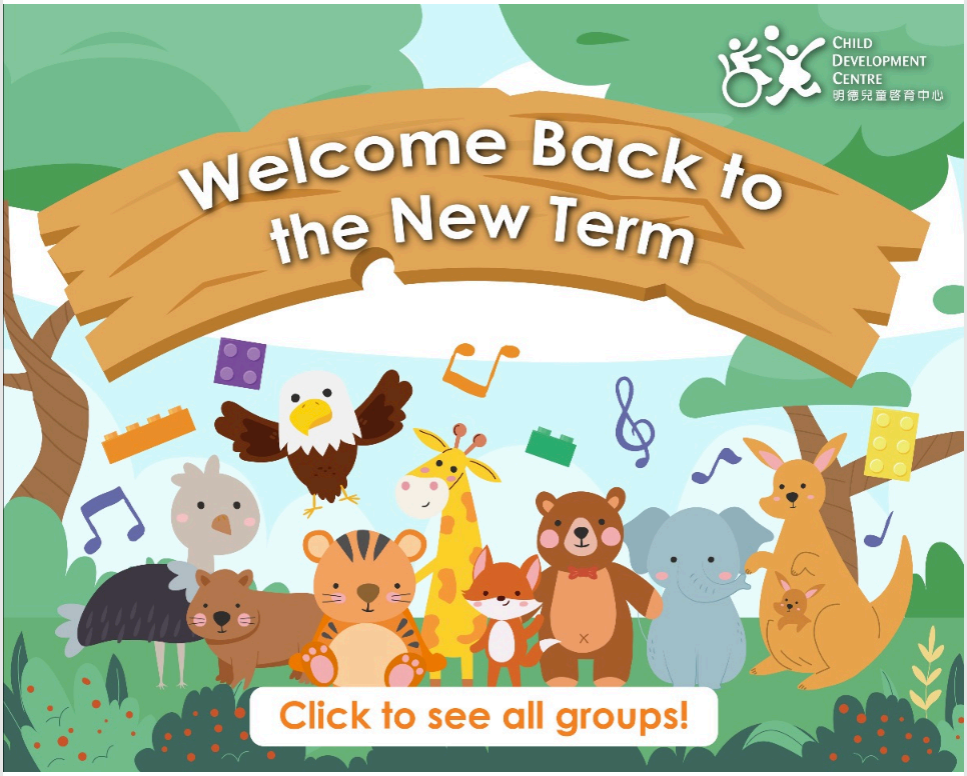
CHILD DEVELOPMENT CENTRE
明德兒童啓育中心

Igniting Learning Journeys
啓育學習旅程



We hope you had a refreshing summer holiday and are ready to enjoy the new term with us!

In the first issue of the CDC Newsletter this year, we are thrilled to introduce you to our new and old "animal" friends! They are **Tiger, Giraffe, Teddy Bear, Kangaroo, Fox, Emu, Eagle, and Elephant**, naming our SEN groups for toddler and pre-school ages which will be around to guide your child through their developmental journey. If you are looking for something more specific, we also have **Lego Club** and **Music Explorers** ready to help your child's social skills and build friendship during fun activities!

If you are interested in enrolling your child in any programmes, or are unsure which suit your child's needs the most, please feel free to contact our Programme Officer at 2849 6138 / 2849 2018 or info@cdchk.org. We are more than happy to help you out!

Good things come in pairs, and our next piece of exciting news is that we will be relocating from Wan Chai to a **new CDC centre** in Fortress Hill / Tin Hau later this term! Located at the centre harbourfront of Hong Kong island, the new premise is going to be a family-friendly, bright and well-equipped environment for children and parents to enjoy. We have prepared a **video** to show you the various access routes to the new centre, and the fun things you can do with your child in the cozy neighbourhood. Enjoy! We will soon be in touch with more definite dates.

Other activities in the coming months, include not only the **Dental Care Day** with St. John Ambulance Association, but also last round of the very popular **Caring for Caregivers Workshop** series! This one is for Cantonese-speakers. Please see more details and sign up below in the 'News' or 'Upcoming Events' section so you don't miss out.

Last but not least, two new SEN Tips are out for you to learn about, namely how you can help develop your child's social and motor skills through play and practice! Be sure to read it to gain more insight into home learning with your child.

Looking forward to seeing all of you in our programmes and events!

Best Regards,
Team CDC

In the News

[CDC Dental Care Day (3 Sep)]
Supported by the Dental Command of HK St. John Ambulance Association, the event provides a dental talk for parents and check-ups for children. A dental chair will be used to familiarise the children with a dental clinic environment. Sign up now!

[Caring for Caregivers Workshop (Cantonese)]
The workshop will enhance caregivers' understanding of the needs of children with ADHD, teach behavioural management strategies, and provide caregivers with emotional support. *(This cycle of workshop is in Cantonese only.)*

SEN Tips

[Have Fun! Why is Play so Important?]
Play is crucial to children's development. It is a foundation for acquiring skills and knowledge. As children progress through developmental stages, their play skills evolve, reflecting their physical, cognitive, and social abilities. Click to read more!

[How Important is Hand and Grip Strength?]
Hand and grip strength are required for many everyday self-help, fine and gross motor activities as well as academic skills. In this article, activity ideas are listed to help encourage your child to improve their hand and grip strength at home or at school!

Upcoming Events

- 3 Sep 2023 - CDC Dental Care Day
- 15 Sep - 10 Nov 2023 - 'Music Explorers Workshop' (Every Friday)
- 10 Oct - 7 Nov 2023 - 'Caring for Caregivers' Workshop (Cantonese only, every Tuesday)
- 5 Nov 2023 - Sunday Kiss x Whizpa Family Fun Festival (Details to follow)

For more events visit our SEN Events Calendar. You can also submit your own events by completing our online form or sending an email to connect@cdchk.org.

Make a Donation Today!

Your Support Enables Us to Serve More Families In Need!